

## **SPIRITUAL DIRECTORS Available to Bellarmine Chapel and St. Xavier Church Members**

Spiritual Direction is described this way. *It is help given by one Christian toward another that the person can come to listen to God's grace active in her or his life, and to respond to the direction of that relationship as they trust it.* Please feel free to directly contact any of the choices below. (It is customary for spiritual directors to charge a fee for their services.)

**Connie Cevasco** [conniecevasco@gmail.com](mailto:conniecevasco@gmail.com) **330-414-1624** Connie worked in the Cleveland Diocese for 30+ years directing retreats and nurturing the prayer lives of those seeking to deepen their relationship with God, self, and the world. She is trained in *The Sacred Art of Living and Dying*, and *Anam Cara*, and uses the tools of dreamwork, active imagination, body focusing, enneagram, and journaling. It is a privilege to journey with the full cooperation of the Spirit dwelling within. She is privileged to offer spiritual direction in a sacred prayer space in her home, over Zoom, or by phone. (Connie prefers a donation to St. Vincent de Paul.)

**Kieth Daniel** [kiethdni@gmail.com](mailto:kiethdni@gmail.com) **859-322-5573** Kieth is a certified spiritual director, trained through Fall Creek Abbey in Indianapolis, who gravitates towards reading and life-long learning. Kieth's previous experience and gifts in pastoral ministry are active listening in accompanying others on their spiritual journey. He encourages others to recognize deeper consciousness in relation to one's self, community, and the Holy One through prayerful reflection, and invites each person to respond by living from this relationship in their daily life. He will meet in comfortable spaces, online with Zoom, FaceTime, or his home office in Northern KY.

**Joan Deiters, S.C.** [deitersjad@gmail.com](mailto:deitersjad@gmail.com) **845-489-2401** Joan trained to be a spiritual director in the Internship for Spiritual Direction at Milford and has an MA in Christian Spirituality from Creighton University. She graduated from the Westchester Institute, NY, as a psychoanalyst with a specialty in Jungian Studies, and there had a dual practice in psychoanalysis and spiritual direction. She directs retreats at JSC (Milford, OH) and at Eastern Point Retreat House (Gloucester, MA). Her approach is to listen to the ways that God is present --in prayer, in daily life, and in dreams. She meets in an office at Mt. St. Joseph or by phone, SKYPE, Zoom, or FaceTime.

**Marc Greenberg** [marcg55@gmail.com](mailto:marcg55@gmail.com) **513-310-1787** Marc's approach is to meet each person where he or she is and to nourish the personal movement of God. As a convert to Catholicism, I bring a unique perspective to faith formation and one's individual spiritual journey. He served many years as a lay spiritual director in the Christ Renews His Parish program, and received formal training as a Spiritual Director at the Jesuit Spiritual Center in Milford, OH. He welcomes you to explore if Spiritual Direction is right for you in a first meeting, offering flexible hours to meet either in person or on Zoom.

**Matt Kemper** [mattandrachel200@yahoo.com](mailto:mattandrachel200@yahoo.com) Over the years, spiritual direction/companionship has helped me to grow much closer to God, and I am grateful to companion others on a similar journey. All of us can have meaningful encounters with God; spiritual companionship can assist in unpacking those encounters. I teach at St. Xavier High School. I have participated in a number of retreats and I have completed the 19th Annotation Ignatian Spiritual Exercises. I enjoy hiking, sports, gardening, and woodworking, and I am married with four children. Spiritual direction sessions will take place at a convenient location.

**Todd Long** [thurstontoddlong@gmail.com](mailto:thurstontoddlong@gmail.com) 513-873-0101 Whether you are praying The Spiritual Exercises of St. Ignatius, making an 8- day "Personally Directed Retreat" at The Jesuit Spiritual Center, developing a Centering Prayer practice, or seeking to combine yoga with Christian contemplative practices; Todd's deepest joy is to help you notice and lovingly respond to God in your everyday life. Formed through Sustainable Faith's School of Spiritual Direction and the Ignatius Jesuit Centre, Todd can meet via Zoom, Skype, Facetime, at JSC or in his home office near XU.

**Sean Reynolds** [sreynolds770@gmail.com](mailto:sreynolds770@gmail.com) 513-375-7326 Our hearts long – and sometimes just plain ache – to be one with God. Mine surely does and maybe yours does too. It's through the kind of sacred listening that happens in spiritual direction that we can sink deep roots into God's loving presence in our lives. In the Spring of 2022, I'm completing a three-year internship in spiritual direction at the Jesuit Spiritual Center in Milford. My role is to listen deeply and to facilitate your deep listening to God's presence in your life. I have degrees from XU and Loyola Chicago. During the pandemic I'm meeting exclusively on Zoom, typically for an hour/month.

**Dan Roche** [droche1@zoomtown.com](mailto:droche1@zoomtown.com) 513-321-7277 Dan has certification in spiritual direction and directing retreats from Creighton University. He is also certified in the Myers-Briggs Personality Type Indicator and well-read on Family Systems Theory and the Enneagram. He is a graduate of Notre Dame University, has an MEd from XU, and was a Jesuit for nine years. He is a daily practitioner of Ignatian Spirituality, mindfulness meditation, and the Examen. Dan and his wife Laurie have been married for more than forty years. They have three children and three grandchildren. Dan meets in his home in Mt. Lookout.

**Brendan Ryan**, [brendan.ryan3@gmail.com](mailto:brendan.ryan3@gmail.com) 574-400-3167 Brendan has completed the Spiritual Direction Internship at the Jesuit Spiritual Center in Milford and is open to accompanying others as they look to identify how God is working in their lives. He has experienced the benefit of spiritual direction in every part of life - from the small moments to major life transitions. Brendan studied theology and education at Notre Dame and is drawn to Ignatian prayer, as well as prayer forms from other traditions. Meetings will occur virtually or at a convenient location.

**Donna Steffen, SC** [dfsteffen@aol.com](mailto:dfsteffen@aol.com) 513-751-3358 Donna trained in Spiritual Direction at the Jesuit Renewal Center, has an MA in Theology, Jesuit School of Theology, Berkeley; and is a certified Enneagram teacher. Her background includes parish ministry, RCIA, and authoring [A Handbook on Prayer](#) (RCL Benziger) and [Discernment in Christian Initiation](#) (LTP). She annually directs two retreats at the Jesuit Spiritual Center. Donna listens contemplatively with each person for the movements and invitations of God. She attends to feelings and dynamics within everyday life, inviting the person to notice their "edge" or focus for prayer. She meets in her home in E. Walnut Hills.

**Linda Young** [LEY113@yahoo.com](mailto:LEY113@yahoo.com) 513-382-2310 Linda finds deep joy in accompanying persons on their spiritual journey, watching how God comes close and works within each of us. She listens to one's stories and welcomes questions, exploring relationship with God-a holy time! Linda has master's degrees in education and theology (XU) and formal training in Spiritual Direction in a two-year certificate program through Sustainable Faith and a two-year Internship at the Jesuit Spiritual Center. She will meet in person, over Zoom, or by phone.

(updated 05-24)

